



Annual Report 2016 – Ostomy Association of Singapore

Inception & Objectives

The Ostomy Association of Singapore was registered on 27th January 2014.

The aims of our non-profit organisation are:

1. to speed up the rehabilitation of patients who have undergone colorectal surgery or urinary tract diversion surgery by offering reassurances, emotional support, appropriate advice and practical information to patients and their caregivers both before and after surgery,
2. to promote better understanding and foster friendship and bonding among the ostomates and colorectal cancer survivors through mentoring and shared experiences'
3. to provide information and encouragement concerning all aspects of stoma care and
4. to educate and increase public awareness about colorectal cancer

Present Committee

The office-bearers and committee members of the Association are as follows:

President	-	Shiv Raj Kapur
Vice President	-	Michael Lee
Secretary	-	Loh Wan Heng
Treasurer	-	Ellil Mathiyan

Resignations/Appointments

There were no new appointments or resignations.

Membership

The details of the current membership are as follows:

Fellow Members	-	5
Ordinary Members	-	262
Honorary Members	-	1
Associate Members	-	1
Corporate Members	-	1
Total Membership	-	270

Ongoing Programmes

Friends of CGH

In October 2014, the Association helped form a support group for colorectal patients in Changi General Hospital. Members, called Friend of CGH, continue to support the Stoma Clinic on Wednesday mornings to share with patients identified by the nurses in charge at the clinic.

Significant Events

1. AGM

The OAS AGM was held on 7th May 2016 at the Learning Space, SGH Blk 6, Level 1.



2. World Ostomy Day 2016 – Seminar at TTSH

The Association marked World Ostomy Day 2016 by holding a joint seminar with Tan Tock Seng Hospital, Singapore General Hospital, Ng Teng Fong General Hospital, Khoo Teck Puat Hospital and Changi General Hospital on 8th October 2016. The seminar was held in the Annex B of Tan Tock Seng Hospital.



3. PROPOSED COLLABORATION WITH SINGAPORE CANCER SOCIETY FOR TRAINING OF PATIENT AMBASSADORS

The initial meeting has been concluded for a possible collaboration with the Singapore Cancer Society for the training of new Patient Ambassadors. The OAS will be involved in the design and content of the training materials, amongst other things.

4. DISCOUNTS FROM VENDORS

The OAS will engage with the latest entrant to the ostomy appliance market in Singapore – Hollister, to explore areas of collaboration and to secure discounts for members.

LOOKING FORWARD

There are several plans for the current year and the Association is keen on pursuing new initiatives and improve on those that have already been put into action. Future plans and targets include:

- Increasing the membership to 400 members by end 2017
- Inviting more members to serve on the committee
- Reaching out to other hospitals and help to set up support groups
- Collaboration with SCS and other major hospitals on future projects, in particular the Patient Ambassador Training Program.
- Getting discounts from more vendors for the members

CONCLUSION

The Association has made significant progress during the past year, and has increase its collaborative activities with vendors, hospitals and other organisations. It aims to improve on this my working harder to achieve its aim of reaching out to and helping patients, survivors and caregivers.